

AGENDA

- **UIL Information**
- **Coaching Reminders**
- **Practice & Contest Regulations**
- **Eligibility**
- **Non-School Participation**
- **Miscellaneous Information**



Director of Athletics

Dr. Susan Elza



Assistant Athletic Directors

Brian Polk



AJ Martinez



Joseph Garmon



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UIL Athletic Department





LEAGUE GOVERNANCE

- ✓ **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- ✓ **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- ✓ **Waiver Review Board** – 10 person committee, reviews decisions of the UIL Waiver Officer on appeals
- ✓ **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



CONSTITUTION CHANGES

2019-2020

- ✓ **Sport Specific Training / Strength & Conditioning** - new regulations, Q&A on website. **Two hours** per athlete total, all sports combined.
- ✓ **Non-School Participation** – allows students in grades six and below to participate in two school sponsored camps per sport during the school year. Additionally, this also allows for all students other than students who will be in their second, third, or fourth year of high school to attend two camps (rather than one) in each team sport during the summer where instruction is provided by a school coach in grades 7-12
- ✓ **Softball / Baseball** – Allows for the district champion to have a choice of a single elimination or two-out-of-three series in the first round of the playoffs.



2019-2020 CHANGES

- **Emergency Action Plan** – Requires member schools to have an EAP for each venue that will host practice or contests in the district (MAC, 2019-20).
- **Catastrophic Reporting** – Proposal will require all member schools to report catastrophic injuries that occur in practices or competitions on an online reporting form (MAC, 2019-20).
- **Injury Reporting** – 6A conference only. Requires all 6A schools to report concussion incidents for all sports to Context.



2019-2020 Updates

- Online PAPF / Waivers – Projected October 2019
- Transportation – Non-school vs school sponsored (S&C, skills)
- Character Development – Outside the school day, must be voluntary, no sport specific information
- Ejections – Went well, official's role concerning incident reports - 48 hours to report. Could should report as well
- Summer Sport Specific Training – We need your feedback...did you utilize it, did you like it, why or why not
- 2019-20 Start Date – January 24, 2020, 1st scrimmage – 2/1



UIL Staff Studies

- ✓ Allowing 7th through 12th coaches to coach their seniors once an athlete's eligibility is expired
- ✓ In 1A and 2A, allow for more than one team to compete when a school meets the 6th grade participation exception
- ✓ Possibility of allowing college students to help with teams outside of student teaching
- ✓ Allowing intra-district athletic competitions between elementary schools

COACHING REMINDERS

- ✓ **Know Your Rules**
- ✓ **S & C / Sport Specific Skill
Instruction Guidelines**
- ✓ **Yearly Required Training**
- ✓ **Educate / Lead Your Staff**

"I didn't know what the outcome would be but I committed to the purpose."



#coachingwithintent

Know Your Rules

- ✓ Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).
- ✓ Download and / or print your [SPORT MANUAL](#)
 - Manuals include C&CR sport plan language, NFHS rule changes, UIL rule changes and they are updated annually.
- ✓ Download or bookmark the Side by Side Manual
 - Will answer questions about no-pass / no-play, eligibility and more.



SOFTBALL

Specific Information



Participation Numbers

2019 SOFTBALL Numbers

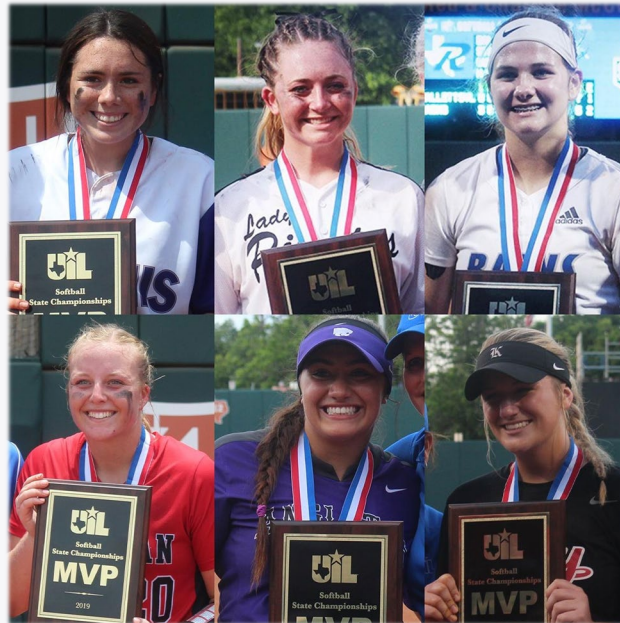
1,138 Teams

33,835 Participants



ALLOWABLE SOFTBALL CONTESTS (2019-2020)

- 0 Tournaments and 26 Games
- 1 Tournament and 23 Games
- 2 Tournaments and 20 Games
- 3 Tournaments and 17 Games



3 games may be substituted for a tournament.



SOFTBALL PLAN

Weekly Game Limits



School week:

1. A single game; or
2. a double header (a student could play two back-to-back varsity games or in a varsity and junior varsity game, at the same site the same night.) Each game counts as one of the student's total games for the season.

Calendar week:

Teams may play in additional games at the conclusion of that school week because there is not a calendar week limit.

SOFTBALL PLAN

Invitational Tournaments



Invitational Tournament Restriction. No team shall participate in an invitational softball tournament held on a Monday, Tuesday or Wednesday, except on school holidays. However, games in tournaments may be played after school on the last day of the school week prior to holidays. The maximum number of tournaments a team play in is three (3).

Invitational Tournament Restrictions. Softball teams shall play no more than six total games in a tournament and no more than three games in any one day.

Pool Play. Teams may play 4-inning pool play games. If 4-inning pool play games are played, all 4-inning games played in a day count as one of the three allowable games for that day.

SOFTBALL PLAN

Postseason Playoffs



Day of Playoff Game. Playoff games shall not be played prior to Wednesday unless by mutual consent of both schools.

Playoffs. Playoffs may be single elimination or two-out-of-three from bi-district to state. If neither method is mutually agreeable, a coin flip shall determine play-off format. ***See new rule change on next slide.***

Two-out-of-Three Series. If schools play a two-out-of-three elimination series, the first two games may be played prior to Friday, the third would need to be played Friday or Saturday. If one game is played and a second game cannot be played because of weather, then the winner of the one game advances to the next round. If two games are played (and split) and the third game cannot be played on Saturday because of weather conditions, the third and deciding game should be played on Monday of the next week.

SOFTBALL PLAN

Postseason Playoffs



NEW RULE (2019-20): Section 1280: Girls' Softball Plan

(g) POST SEASON PLAYOFFS

(2) Playoffs. Playoffs may be single elimination or two out-of-three from bi-district to state. If neither method is mutually agreeable, a coin flip shall determine play-off format.

EXCEPTION: IN THE FIRST ROUND OF THE PLAYOFFS ONLY, THE DISTRICT CHAMPION WILL HAVE THE CHOICE OF A SINGLE GAME OR A TWO-OUT-OF-THREE SERIES.

FAQ's

Frequently Asked Questions



- **Game Counts** - Double Headers/Number per week?
 - Double Header – Same site, same night – counts as two of allowable season limit.
 - One DH or single game during school week, no limit after end of school week.

- **Continuation of Postponed games** – for Regular Season and Post Season games
 - Regular Season – If 5 innings were played, finish where it was postponed from. If 5 innings were not played, start game over.
 - Postseason – Start from where game was postponed from

Frequently Asked Questions?



➤ Games and State Testing

- *Regular season –local district decision*
- *Postseason – cannot play games until the day after testing ends. (ie. last day that primary test is administered is Thursday, that school cannot play until Friday.)*

➤ Varsity games postponed due to weather

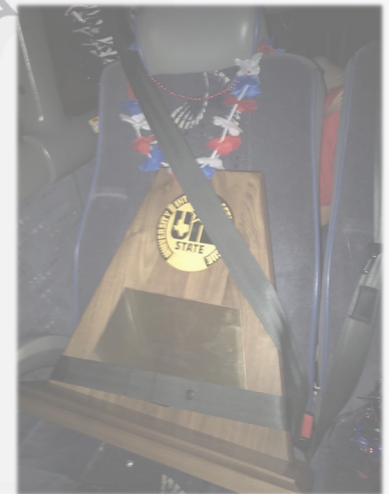
- *May be made up as an exception to the school week limitation provided it is made up on the **next available date**.*

➤ Warm-up Games

- *Only teams who are district champions and have a first round bye in the play-offs are given a game in addition to their season limit.*
- *Teams that have advanced to the playoffs may schedule a warm-up game after the District Certification Date that is set by the UIL calendar and before their first playoff game if a team has not reached their allowable season limit. School week limitations apply. **Note:** These games are scheduled like any other regular season game.*

COACHING REMINDERS

- **Know Your Rules**
- **Yearly Required Training**
- **Educate / Lead Your Staff**



Know Your Rules

- **Make sure you have a sport rule book (NFHS, NCAA, USTA, USGA).**
- **Download or print your sport manual**
 - **Manuals include C&CR sport plan language, make sure you are familiar with it.**
- **Download Side by Side Manual**
 - **Will answer questions about no-pass /no-play, eligibility and more.**





Accessing Your Manuals From your desktop

www.uiltexas.org

ACADEMICS + ATHLETICS + MUSIC + SPIRIT + MEDIA + POLICY +

Go to specific sport or go to manuals in dropdown box

The University Interscholastic League

The University Interscholastic League exists to provide educational extracurricular academic, athletic, and music contests.



Finding Your Manual From your desktop

The screenshot shows the website <https://www.uiltexas.org/athletics/manuals>. The navigation bar includes: ACADEMICS +, ATHLETICS - (selected), MUSIC +, SPIRIT +, MEDIA +, and POLICY +. The Athletics dropdown menu is open, showing options: Athletics Home, High School Sports - (selected), Junior High Sports +, UIL Portal, Sports Officials, Alignments, Health & Safety +, District Chairs, Forms, Manuals (highlighted), Archives, Scoreboard, and Lone Star Cup. A red callout box with white text says: "Go to specific sport or go to manuals in dropdown box". Below the dropdown, the "Manuals" section lists: Baseball Manual, Basketball Manual, Cross Country Manual, Football Manual, and Golf Manual. The "Junior High Manual" section states: "The Junior High Manual is available on each of the Junior High Sport pages." and lists "Junior High Sports".

UIL Home > Athletics > Athletics Manuals

MANUALS

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High School Sports

- Baseball
- Basketball
- Cross Country
- Football
- Golf
- Soccer
- Softball
- Swimming & Diving
- Team Tennis
- Tennis
- Track & Field
- Volleyball
- Wrestling

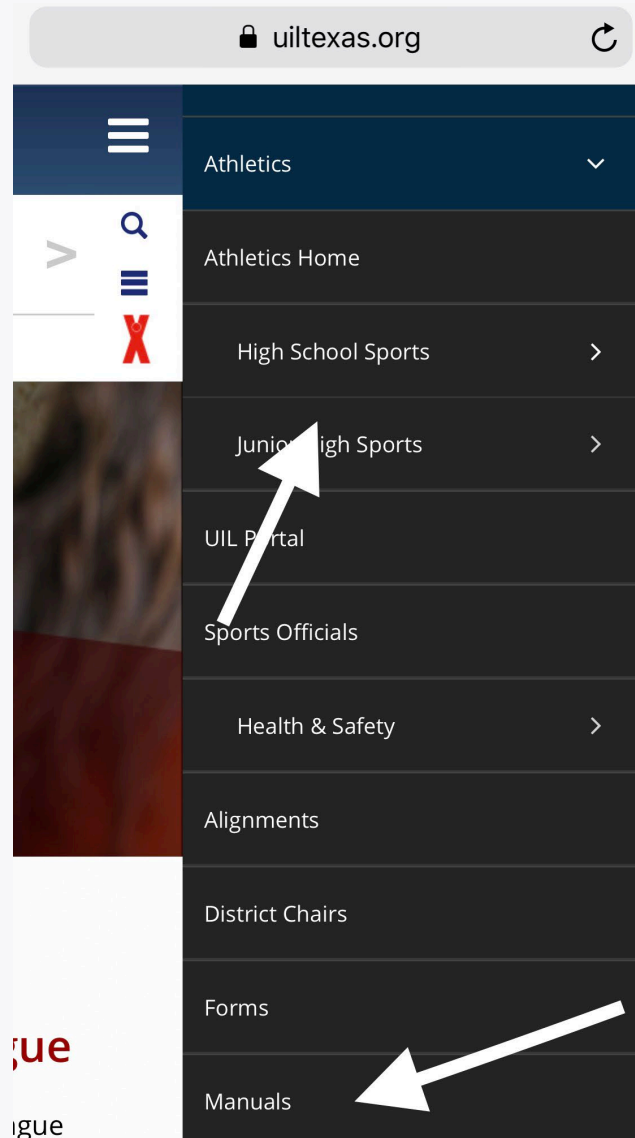
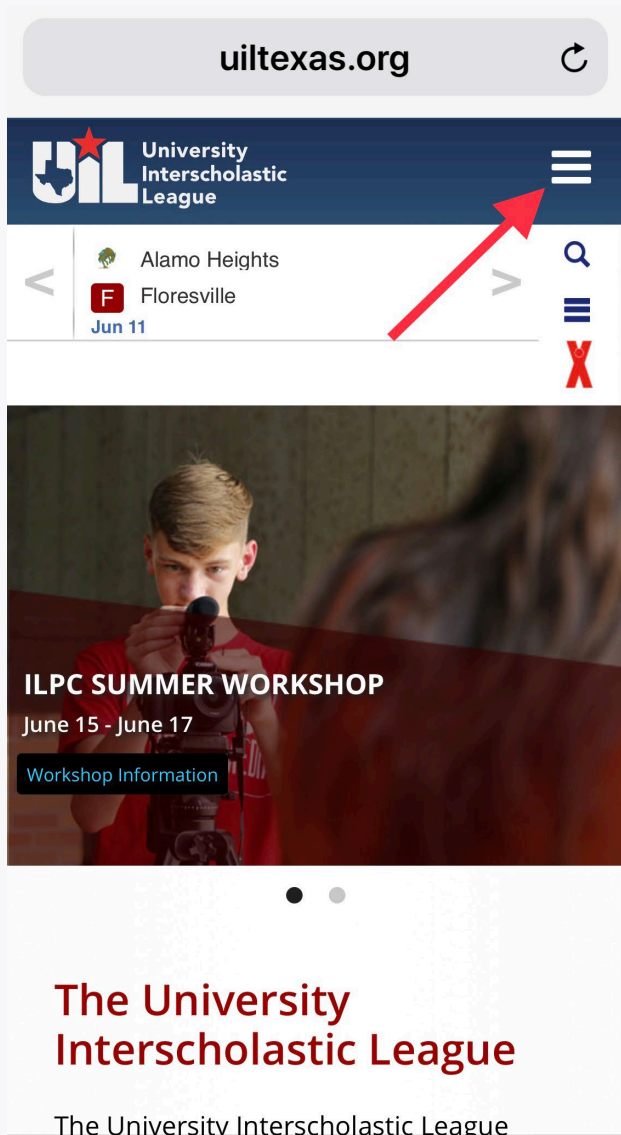
Junior High Manual

The Junior High Manual is available on each of the Junior High Sport pages.

- Junior High Sports

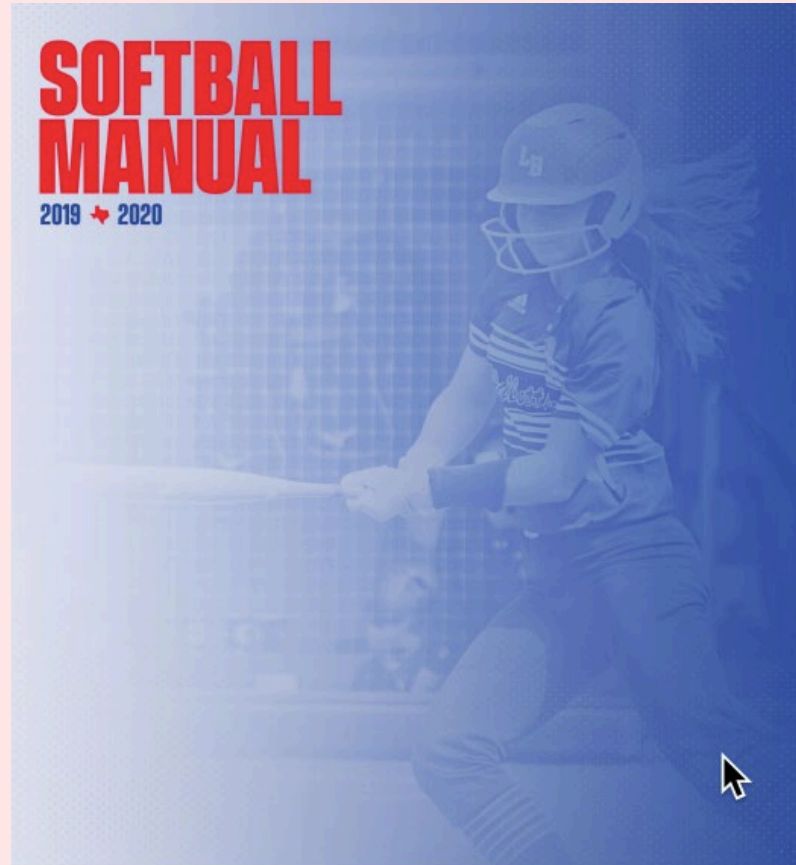
Accessing the Manuals

From your phone





Accessing the Manuals



UNIVERSITY INTERSCHOLASTIC LEAGUE | UILTEXAS.ORG



UIL Coach Education and Training Requirements (State Law)

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)

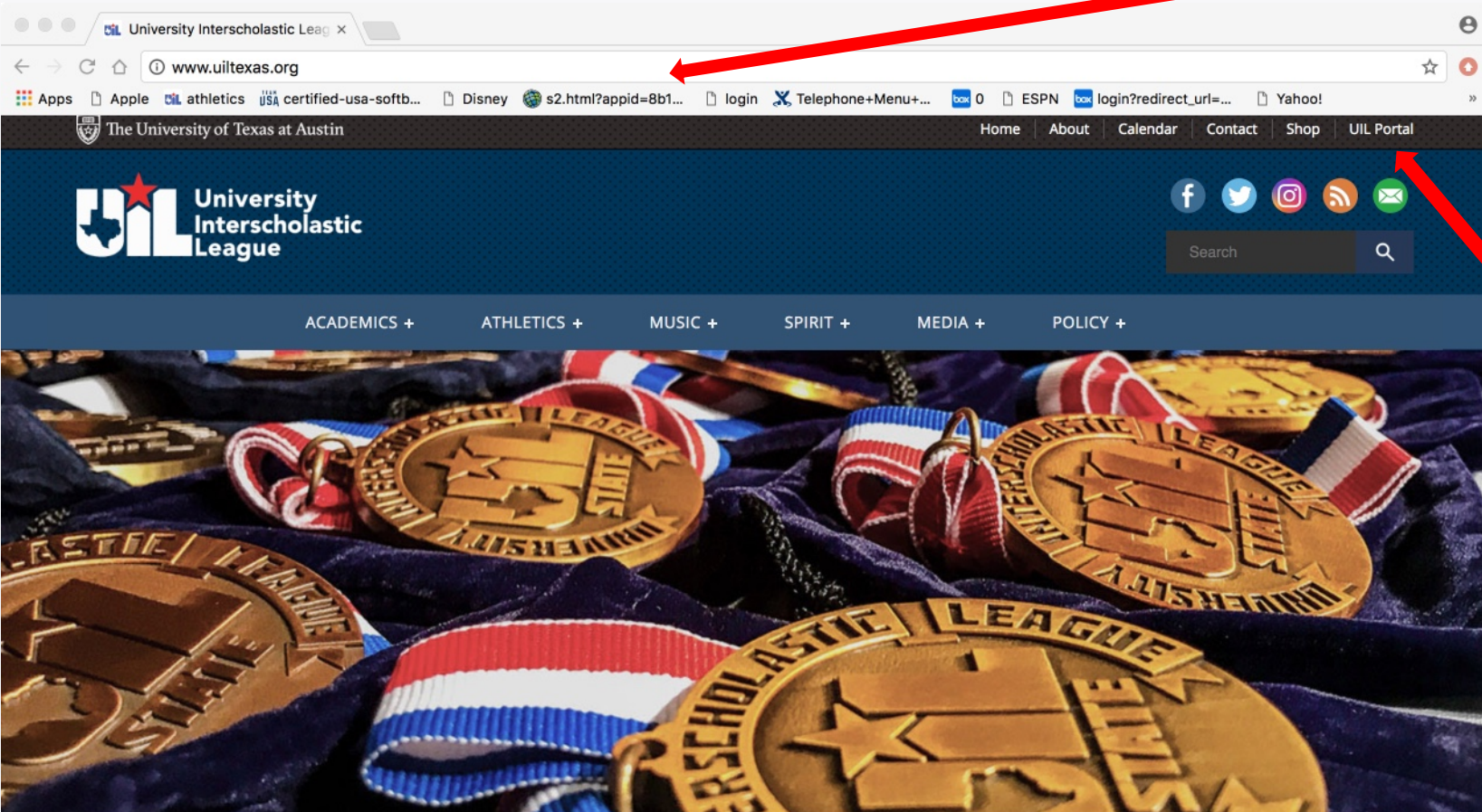


UIL Coaches Education and Training Requirements

- **UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))**
- **Coaches Certification Program (CCP)– online or in-person training (C&CR 1208(i))**
 - 1) Constitution & Contest Rules
 - 2) Ethics
 - 3) UIL Steroid Education
 - 4) Safety Training (state law)
 - 5) Concussion Training (state law)
 - 6) Sport Specific Training – each sport has a separate module
 - 7) **Football Coaches ONLY – Best Practices in Tackling certification**
 - 8) **First Year Coaches ONLY - Fundamentals of Coaching in Texas** available on UIL Portal (C&CR 1202 (L))
 - 9) **Safety/Risk Minimization for Cheerleading** – local district determines the provider for training, and training must be completed prior to any student contact

Accessing the UIL Portal From your desktop

www.uiltexas.org



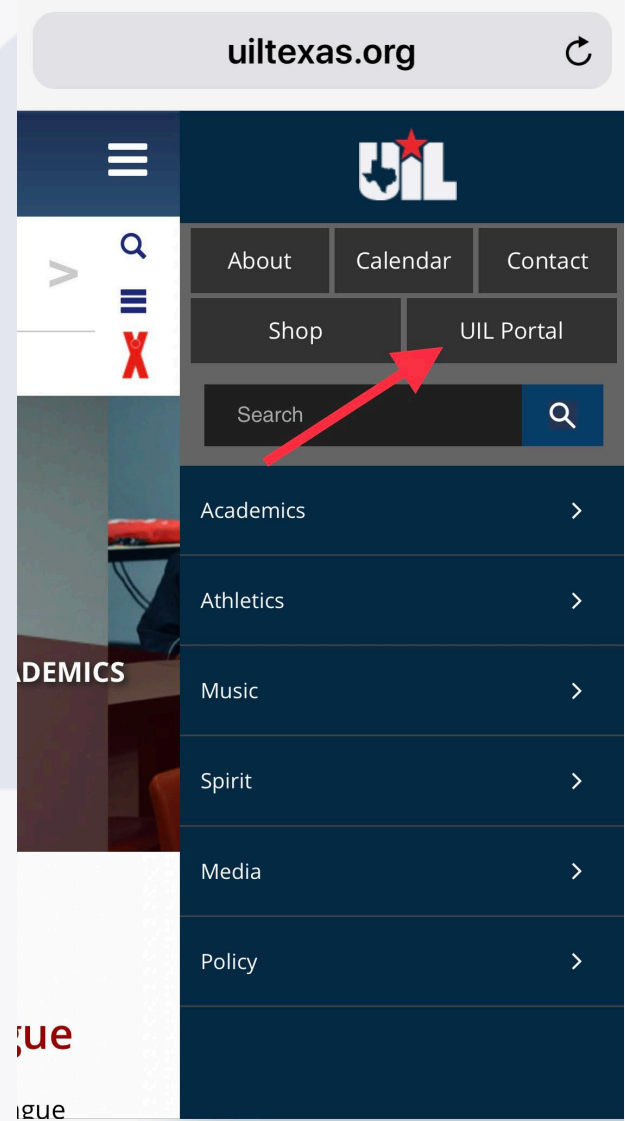
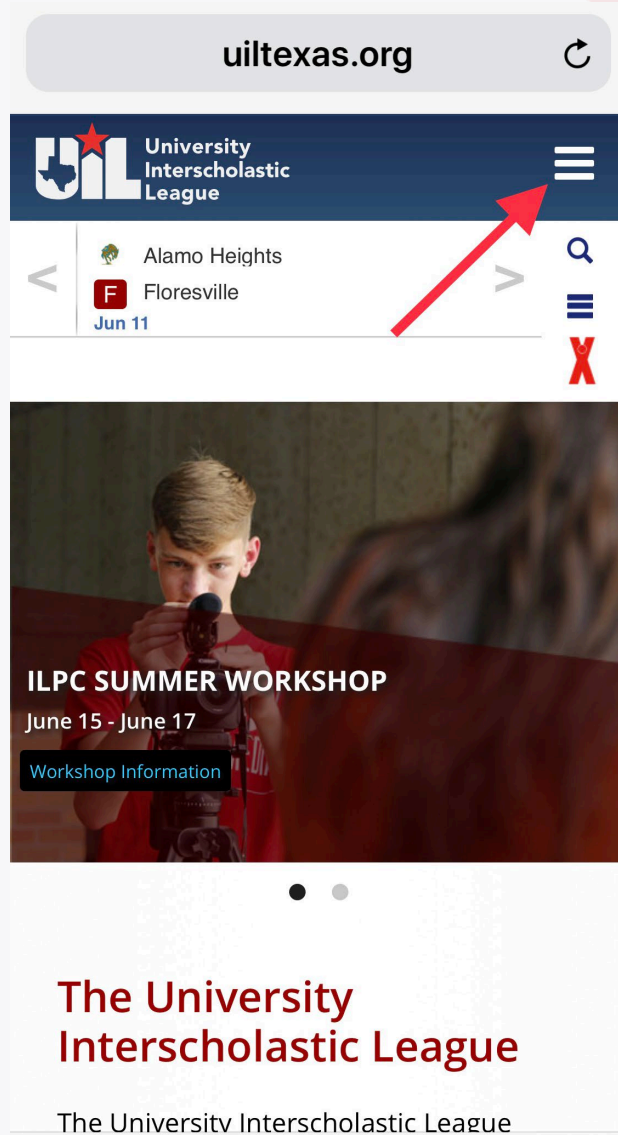
**UIL
Portal**

The University Interscholastic League

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Accessing the UIL Portal

From your phone





PRACTICE REGULATIONS (C&CR 1206)

Outside of the School Year

- 1 Practice – Not to exceed 3 hours
- 2 Practices – Not to exceed 5 hours combined
 - 3 hours is maximum length of a single practice
 - More than 1 practice scheduled, must have minimum of 2 hour rest break
- Cannot schedule more than one practice on Consecutive days. **Exception:** Volleyball



PRACTICE REGULATIONS

(C&CR 1206)

School is In-Session

- **Eight Hour Rule** - Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limiting to a maximum of eight hours per school week per activity.
 - The In-School athletic period does not count towards the allotted 8 hours
 - Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, mandatory weights/video/meetings, etc.)



CONTEST REGULATIONS

➤ **High School - One Contest per School Week :**

Per activity-Per Student

Exceptions: Tournaments, Post-Season, Postponed District Varsity Games

➤ **Junior High – 1 Contest Per Calendar week.**

Difference between Calendar and School week:

➤ **Calendar Week :**

- 12:01 am Sunday to midnight Saturday

➤ **School Week:**

- 12:01 on 1st instructional day of the week to close instruction on the last instructional day of the week.

**Know Your
Sport
Yearly Game
Limitations!!
(See Manual)**

of

Eligibility





ELIGIBILITY

Eligibility - 1st Six-Weeks of School Year

- **Grades nine and below** - promoted
- **Second Year of High School** – five accumulated credits
- **Third Year of High School** - ten accumulated credits or five credits within the last twelve months
- **Fourth Year of High School** - fifteen accumulated credits or five credits within the last twelve months

ELIGIBILITY

Sub-Varsity and Junior High

An Individual is Eligible to participate if...

Sub Varsity Eligibility

- Full Time Student
- Academically Eligible

Junior High Eligibility

- Full Time Student
- Academically Eligible
- Age Appropriate for JH athletic competition



ELIGIBILITY

Varsity Athletics



- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form

PREVIOUS ATHLETIC PARTICIPATION FORM (PAPF)

*Required for All **NEW** students in grades 9-12 who have:*

- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- New school must verify that the student meets the **parent residence rule**.
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Submitted to the UIL office.



NON-SCHOOL PARTICIPATION

Section 1209, Non-School Participation

NEW RULE (2019-20): School Sponsored Camps

- ✓ School sponsored camp for students in *grades six and below*: two camps are allowed, per sport, during the school year.
- ✓ Allowed in BASEBALL, BASKETBALL, FOOTBALL, SOCCER, SOFTBALL AND VOLLEYBALL.
 - All students with the exception of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.
 - Instruction can be given by 7th-12th grade coach from their school district.

See Off-Season & Non-School Participation – Section 1209

(continued on next slide)

Non-school Participation

(Team Sports)

Team Sports

Football, Volleyball, Basketball, Soccer, Baseball, Softball In accordance to Section 1201, 1206 and 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7, lineman challenges) coaches:

The C&CR **prohibits** the following:

- 1) Coaching students from your attendance zone in grades 7-12.
- 2) Scheduling games between your team and one other team.
- 3) Transporting kids to non-school activities in school transportation.
- 4) Using school equipment, uniforms or first aid equipment.
- 5) Using school or booster funds.
- 6) Pressuring athletes to play non-school leagues.
- 7) Participating with athletes in their sport.

*****Coaches cannot gain financially from a student's participation in a non-school activity.*****





Non-school Participation

(Team Sports)

In accordance to Section 1209 regarding non-school competition (leagues, camps, clinics, clubs, tournaments, 7 on 7) coaches or a group of coaches:

The C&CR **allows** the following:

- 1) You can supervise the facility.
- 2) You can assist with organization. You are allowed to assign officials, secure facilities, develop schedules, assist with registration and help secure equipment.
- 3) You can assist with the selection of coaches.
- 4) You can assist with the selection of players.
- 5) You can distribute information about non-school activity.
- 6) You can collect registration fees that are made payable to an outside entity (not the school).

Miscellaneous Information





SOFTBALL PLAYING RULES

Playing Rules. The current National Federation Basketball Rules shall govern League softball. Rule books may be ordered from the NFHS customer service office (800-776-3462) or online at www.nfhs.org.

NFHS rulebooks may also be available for purchase on iTunes, Amazon and online sites.





RULE CHANGES 2019 - 2020

*1-5-1e, 2-4, 2-4-3, 7-4-2 PENALTY NOTE: Damaged bats are defined.

Rationale: Clarifies that a damaged bat is removed from the game without penalty.

6-1-1: Prior to starting the delivery (pitch), the pitcher shall take a position with the pivot foot in contact with the pitcher's plate.

Rationale: Clarifies that the pivot foot must be in contact with the pitcher's plate, rather than on the top surface of the pitcher's plate.





RULE CHANGES 2019 - 2020

9-1-1 EXCEPTION c: A run is not scored if the runner advances to home plate during action in which the third out is made by the preceding runner who is declared out on an appeal play.

Rationale: Clarifies that on any appeal play, a run is not scored if the third out is made by a preceding runner.

2020 SOFTBALL MAJOR EDITORIAL CHANGES

1-1-7: Clarifies that game management or a state administrator may establish a dead-ball media area within the confines of the field, but that area will remain a dead-ball area throughout the game.

1-5-1d: Updates to add the new USA Softball All-Games certification mark.





RULE CHANGES 2019 - 2020

8-4-3d PENALTY: Clarifies that the batter-runner, not the batter is awarded bases when a fielder intentionally contacts the ball with detached equipment.

2020 SOFTBALL EDITORIAL CHANGES

1-2-3, 2-22-4, 2-57-3, 3-4-1c, 7-1-2 PENALTY 2

2020 SOFTBALL POINTS OF EMPHASIS

1. Bat certification marks and USA Softball's list of Non-Approved Bats with Certification Marks
2. Damaged bat vs. illegal bat penalties
3. Contact with the pitcher's plate
4. Inspection of equipment



Links found on UIL Website

- [Constitution & Contest Rules \(C&CR\)](#)
- [TEA-UIL Side-by-Side](#)
- [Athletic Rules \(Sections 1200 through 1210 C&CR\)](#)
- [Rules Violations and Penalties \(Section 1207 C&CR\)](#)
- [Booster Club Guidelines](#)
- [Summer Strength & Conditioning Regulations](#)
- [Non-School Participation Regulations](#)





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